

SEAVIEW DOWNS PRIMARY SCHOOL

NEWSLETTER

Number 4, May 16th, 2024



Government of South Australia
Department for Education

Phone: 8298 1327 Email: dl.0984.info@schools.sa.edu.au Website: www.seaviewdps.sa.edu.au

Events to remember in Term 2, 2024

Week 3	Year 5/6 Arbury Park Camp Assembly The Resilience Project Family Webinar	Wednesday 15 th May – Friday 17 th May Wednesday 15 th May @ 9am Wednesday 15 th May 6pm – 7pm
Week 4	Dental for schools visit Drumming Incursion Japanese Cultural Day	All week Wednesday 22 nd May Wednesday 22 nd May
Week 5	Dental for schools visit	Monday 20 th and Tuesday 21 st May
Week 6	Assembly	Wednesday 5 th June @ 9am
Week 7	Public Holiday – King’s birthday Book Fair – Wish List Days	Monday 10 th June Thursday 13 th and Friday 14 th June
Week 8	Book Fair – Purchasing days Principal’s Tour	Monday 17 th and Tuesday 18 th June Friday 22 nd June
Week 9	Assembly	Wednesday 26 th June @ 9am
Week 10	NAIDOC week The Resilience Project – Families evening Dress up like an old person	All week Monday 1 st July Friday 5 th July

From the principal...

Welcome back to the second school term of 2024.

I write my newsletter piece awaiting the 77 children from our year 5/6 classes to arise following their first night at Arbury Park Outdoor School. The fox that just barked down the park gully as it passed may just have provided some inspiration to remain inside the dorms until courage, or others make way to the meeting room! If you have never heard a fox bark – it’s an eerie tune.

Some of the scheduled school activities this term includes school camp for the year 5/6 classes, a focused Japanese cultural day, a book fair, and an evening for parents as outlined by Mr Crabb in his wellbeing leader write up. In upcoming days, the Sentral calendar will be synchronized again with our plans for upcoming terms activities, you can access this through the App.

As works continue to provide our community with a renewed facility on behalf of our department I thank you all for the patience with access challenges around and through our school. The page following has a nice little update for everyone about the progress so far. In upcoming weeks, the framing and roofing for stage 1 will begin.

Sam Winters

Principal

What about the school renewal project?

Milestone achieved on Friday the 10th May – Concrete for stage 1 completed!



Project Stats

TO DATE

4,300 Site hours so far for all trades	650m³ Concrete poured
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TO DATE

49 tonne Steel has been installed in the concrete	63 Concrete trucks to complete the pour
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BOOK FAIR 2024



Book Fair is coming! (Not until week 7&8, but we can still get excited about it now!)

Book Fair is an exciting event that engages children and promotes literacy, by offering students a fun opportunity for children to see, touch and connect with books they want to read. Scholastic send us a large range of popular and affordable books, from over 50 publishers worldwide to suit every reading level and interest, which are available for students to purchase. It's a bit like Book Club, but all the books are here! More information to come closer to the date.

Premiers Reading Challenge

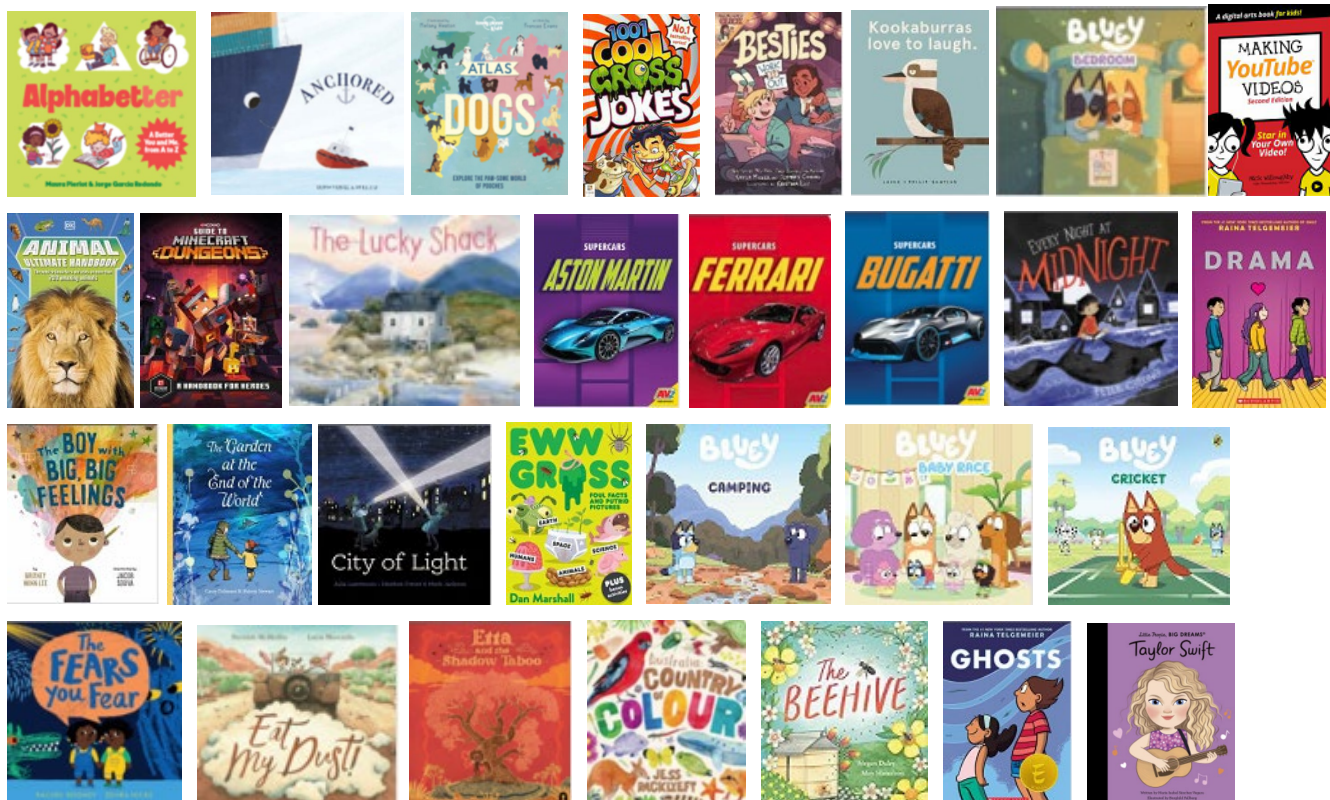
Completed Premiers Reading Challenge forms are already being submitted to me, which is excellent to see. Every child who completes their reading gets a star to decorate and add to the PRC display board in the library (come and check it out!) as well as earns their medal/certificate at the end of the year.

Reading concludes 6 September 2024

114 Days	11 Hours	44 Mins	12 Secs
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New releases

Here's some beautiful new books that have recently been added to the collection:



Snapshot 3:

Empathy

Working on empathy helps us to identify, understand and feel what another person is feeling. When we show empathy or we do something kind for someone else our brain releases oxytocin. This leads to increasing our self-esteem/confidence, energy levels, positivity and overall happiness.

Whole Family Activity:

Neighbourhood Kindness Challenge

As a family, choose an act of kindness from the list below that you would like to do for a neighbour or family friend. Each family member can select one to commit to, or you can choose to do one together.

- Cook them something delicious like a cake, hotbread, or cookies.

(03) 9113 9302 | theresilienceproject.com.au



The Resilience Project Families Evening

Guest Speakers

Lael Stone and Rory & Belinda Sloane

Monday July 1st

SDPS Gymnasium

5:30pm Nibbles and Refreshments

6:00pm – 8:00pm Guest Speakers and Q + A

Seaview Downs Primary School invites all parents to a night out. Parenting is the hardest job on the planet and we feel you deserve a drink, some food and the opportunity to relate and reflect with the stories from guest speakers, Lael Stone and Rory & Belinda Sloane.

Where possible, we encourage both family members to attend. We understand that arranging a babysitter on a Monday night is a challenging obstacle. Therefore, with the support of Lions Club of Richmond and the Wyatt Trust, the night is free of charge. There will be something in this evening for all of you. Sorry, strictly no children to attend. Feet up, note pads out!

For further information or questions, please email: chris.crabb791@schools.sa.edu.au



Scan the QR Code or click the
link below ASAP to secure
your seat!

<https://forms.office.com/r/1Js87FDVh1>



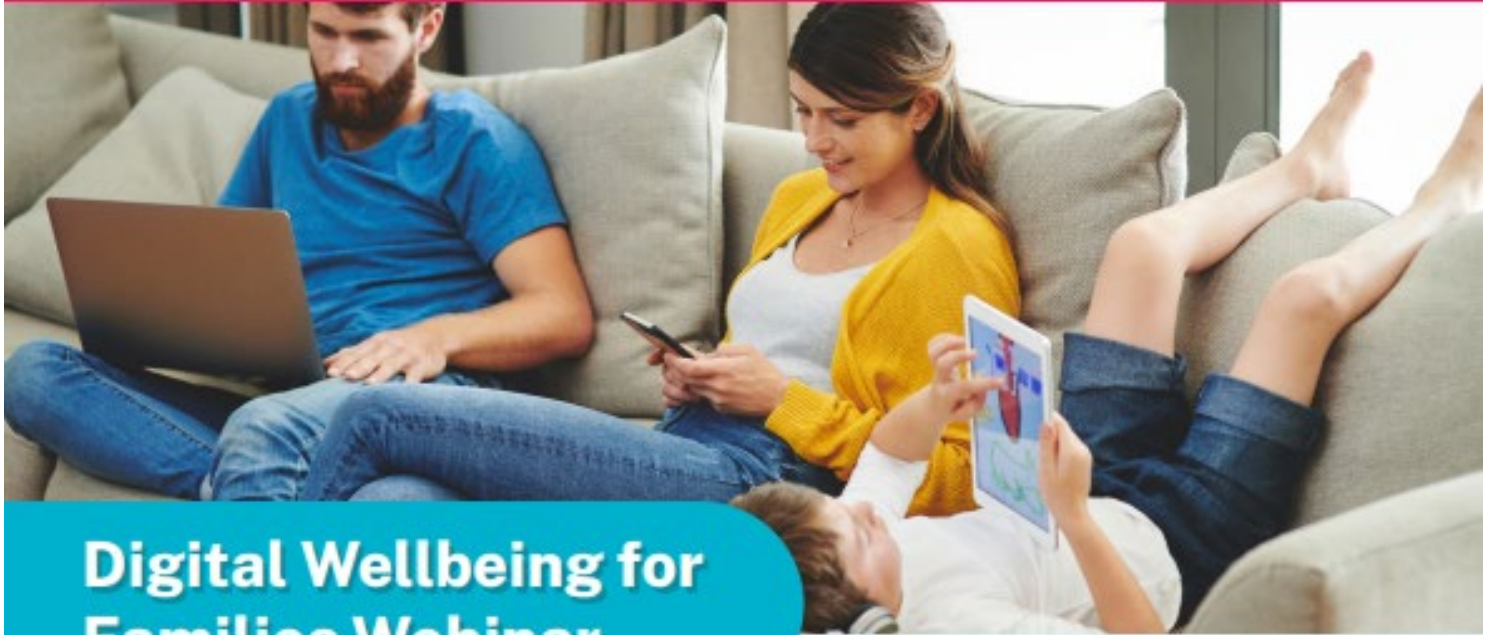
Supported by Lions Club of Richmond
& Wyatt Trust



Lael Stone is one of Australia's most sought after parenting experts. She is an Australian Speaker, Educator and Author. Her passion is supporting parents to understand their children, helping adults process their own childhood trauma and creating education systems that value emotional awareness.



Rory is best known for his work on the football field as former captain of the Adelaide Crows and Belinda for her work hosting the Brownlow, Australian Open and Spring Racing Carnival. The work they are most passionate about though - raising their children to be good human beings. Connection and play are at the core of their parenting.



Digital Wellbeing for Families Webinar

AUDIENCE
Parents & Carers

TIME & DURATION
60 minutes

FORMAT
Online Webinar

ABOUT THIS WORKSHOP

This new presentation gives parents/carers the opportunity to reflect on their family's digital wellbeing. They will explore **practical tips and strategies** to create **healthy habits around screen time** to positively impact relationships and **strengthen connections** within the home.

Presented to you and other schools, parents/carers throughout the session will:



Gain insight into the **latest research around family screen time and its impact** on individual and collective wellbeing in the home.



Be provided with **ideas and strategies to enhance their own digital wellbeing** to role model for their family.



Feel equipped to **support their children's device usage with practical strategies** without screen shaming, banning or removing devices.

Room 20

CLASS HIGHLIGHTS



Sports Day



Special Days

Walk to School Day

Crazy Hair Day

Harmony Day

Show Your Colours Day



Lunchtime Legends

Every lunchtime, teachers on yard duty are on the lookout for students going the extra mile and being truly outstanding helpers. Whether it be helping to clean up the yard or being extra welcoming to a new face, each one of these lunchtime legends have earned a nomination because of doing something awesome.

The following students have been recognized as being Lunchtime Legends:

- Estella M
- Elizabeth R
- Ellie W
- Seth R x2
- Sophie M
- Lila L
- Annabelle J
- Teddy M x2
- Miya S
- Stan C
- Matilda C
- Harvey W x2
- Axel W x2
- Timothy R x1
- Oscar C
- Evie M x2



For each nomination, a student earns a ticket which is placed in our barrel and drawn at assembly and the winner gets a prize! The names have now been drawn, and the winner of this week's lunchtime legend is:

- Seth R!

CONGRATULATIONS AND THANK YOU! KEEP UP THE GREAT WORK!

Thank you making the effort to make our school the best it can be 😊

Surf Life Saving achievements

Some more excellent achievements in the recent Surf Life Saving State Titles at Port Noarlunga:

- Alanna QT celebrated winning a Div 1 Bronze medal in Wades and Div 2 Gold medal in her team wade relay.
- Jaxon S celebrated winning a Bronze in Div 1 U11 flags.



😊 **Well done!**



Room 15 – Reception – Miss Knight



The learners in Room 15 are having a great start to schooling!
Here are some of the things we have been up to so far...

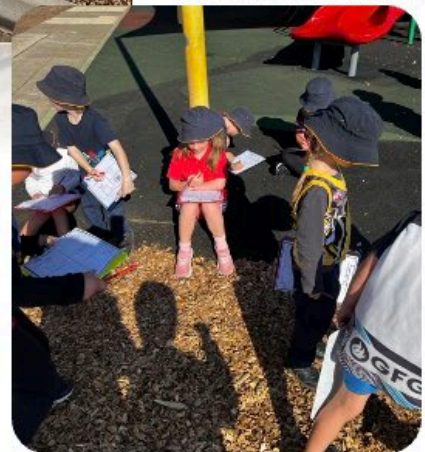
ANZAC Day Learning
– Red Poppy Artwork



Being scientists
exploring our
school for this
term's Inquiry
unit



Team Colours Dress
Up Day



Crazy Hair Day



Hands-on learning in Maths



Sports Day



Harmony Day

OSHC

NEWSLETTER

Vacation Care

We had such an action-packed Vacation Care program. The children really enjoyed our Tree Climb excursion which is always popular as well as Woodhouse. Children faced their fears and got active.

Our July Vacation Care program will be released in week 4. Please ensure you are booking under the correct Priority as we book out very quickly. Please remember that some families have no other option for care, so please consider others when booking.

Reminders

- Please ensure you let us know in advance if you need to cancel a booking so other children can get a spot from the waitlist.
- We would appreciate letting staff know if you are running late for pick up.



Welcome back to Term 2

Welcome back to Term 2. This Term we will be focusing on Quality Area 2 and Outcome 2. These outcomes focus on children connecting and contributing to their world. We will also be looking at the Greek culture and making some traditional Greek foods for afternoon tea including Greek Rice pudding. We will be developing our "Chill" room and changing this to the "Wellbeing" room. We are connecting with the school and ensuring we are following the same routines when it comes to behaviour and wellbeing.

New Extracurricular

We are having Cube Sports attend OSHC once a week to teach children some new skills. These sports include Soccer, Basketball, Netball and Hip hop.

As children have shown an interest in these sports, we are bringing in professionals to help further develop their gross motor skills.

Cube sports build character development, respect, accountability, teamwork, and kindness into the delivery of each program.



Soccer Club

After School Activities

- Slime Club
- Gym Club
- Mobilio play
- Greek activities
- Wellbeing designs
- Lego club

HEAR FROM THE CHILDREN

What do you like about OSHC?

Ayeisha - "I like all the fun games we play at the gym".

Tommy - "I like playing snakes and ladders. I also love the new Wellbeing room because it calms me down when I feel stressed".

Georgie "I like doing crochet"

Louis W - "I like hanging out with my friends".

Contact us

0438651898
oshc.sdps51@schools.sa.edu.au

Gazania Free Gardens

- Plant swap
- Native plant information
- FREE BBQ

1pm - 3pm, Sunday 19 May

Cove Civic Centre

1 Ragamuffin Drive, Hallett Cove



Register here



Do you have gazanias in your garden?

Would you like to replace them with FREE local native plants?



Gazanias are a declared weed that harm our natural environment.

They commonly 'escape' from gardens as their seeds easily spread, they're dumped in garden waste or are planted illegally.

Once established in our coastal environments, they quickly outcompete local native plants and reduce habitat, food and shelter for local wildlife.

What to do next:

1. **Register** to participate
2. **Carefully remove gazanias** in your garden
3. **Take a photo** of the gazanias removed
4. Put gazanias in your **green organics bin** (don't dump or transport them)
5. Come to the **Plant Swap Day** at **Cove Civic Centre, Hallett Cove**. Show us your photo and take home a pack of native coastal plants.

Register at events.humanitix.com/gazania-free-gardens-native-plant-swap

Need help identifying gazanias?

Find out more at greenadelaide.sa.gov.au/discover/pest-plants/gazania

For further questions, contact Jess Mitchell on 0499 639 480 or jess.mitchell@marion.sa.gov.au

Gazania Free Gardens is a project originally developed by Alexandrina Council

"The camp was amazing. Everyone will enjoy this camp, no matter what."



ANGLICARESA

Star Bear

A grief-support program for children



ANGLICARESA

Star Bear Program
82 Gilbert St
Adelaide SA 5000
Phone 8131 3400
starbear@anglicaresa.com.au
www.anglicaresa.com.au



2-0106 / 3.8.2022

Together we change lives.



Saver Plus gives you down-to-earth money talk - and a **\$500 incentive** to build your savings!

If you save up to \$50 a month for 10 months (the length of the program), **ANZ will double it.**

What can the \$500 be spent on?



Laptops and tablets



Uniforms and shoes



Vocational education



Lessons and activities



Books and supplies



Camps and excursions

Take control of your finances

For every **dollar you save**, you will receive **another dollar from ANZ** to spend towards educational costs, up to \$500

To join Saver Plus

- ✓ Be 18 years or older
- ✓ Have a Health Care or Pensioner Card
- ✓ Have a child in school, starting school next year, or be studying yourself
- ✓ Get a regular income (you or your partner)
- ✓ Agree to join in free online financial education workshops

Saver Plus supports people to develop life-long savings habits. It's delivered by Brotherhood of St. Laurence, The Smith Family and Berry Street. It's funded by ANZ and Department of Social Services.



saverplus.org.au 1300 610 355

CHILDREN NOT SLEEPING WELL?



We are a team of psychologists who've been supporting people and families with sleep concerns since 2006

Do you or your child:

- Have trouble falling asleep?
- Wake up during the night and struggle to return to sleep?
- Have trouble waking up or getting out of bed?
- Feel overly tired or fatigued during the day?
- Struggle to stay focused at school or work?

If so

Please feel free to contact us at
hello@winksleep.online
OR via our website



with Leah Leventeris

Enrol Online now for Term 3

Term 3 Art Classes for Kids

LL Creative Studios

DRAWING, PAINTING & MIXED MEDIA

TUESDAYS 4-5:30PM

SATURDAYS 9:30-11:00AM

SEACLIFF PARK STUDIO

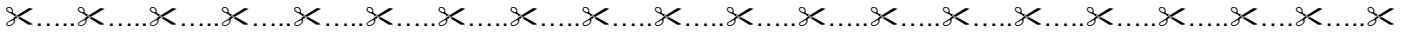
OPPOSITE THE SUSAN GRACE RESERVE

FOR FURTHER DETAILS TEXT LEAH 0403994453 OR EMAIL INFO@LLCREATIVESTUDIOS.COM.AU

BOOKINGS ESSENTIAL LIMITED PLACES

WWW.LLCREATIVESTUDIOS.COM.AU





Talk to us!

PARENT / CARER INPUT

Please return to Front Office for the attention of Anthony Sheehan or email to antony.sheehan@abcam.com

I would like to raise the following matter with Governing Council –

.....
.....

Please supply contact details if you would like a school councillor to discuss this with you.

NAME: _____ 